



# U-picking a bounty of fruits and vegetables



By Micheal Rios

Tulalip citizens, their families, patients of the Tulalip Health Clinic and employees of Tulalip Tribes flocked to Garden Treasures Nursery & Local Farm on Thursday, September 5. While there, they excitedly wandered the six-acre organic farm and were offered ample opportunity to harvest from a delicious medley of in-season fruits and vegetables.

See **U-Pick** page 7

# New look Hawks soar in 30-18 win over Concrete

See **Hawks** page 4



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## 85 community members celebrate sobriety during 3<sup>rd</sup> Annual Recovery Campout

PG 5



## Headband weaving kicks off Season of Healing

PG 9



The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syacəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:  
Frank F. Madison, 1923-2002  
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Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You can contact Calvin Valdillez at kvaldillez@tulaliptribes-nsn.gov for specific issues of the paper.

# YOUR VOICE, YOUR POWER

# REGISTER TO VOTE

## POP-UP EVENT

### WHEN

10/21/2024

### TIME

10:00am-4:00pm

### WHERE

Room 162  
at Tulalip Administration Building

### DETAILS

- Snacks and beverages provided
- Door prizes every hour
- Ages 18+



### Questions? Contact:

Malory Simpson  
360-716-4399

Edith Nagle  
360-716-4401

Rocio Jack  
360-716-4586

**THE TULALIP TRIBES 2024  
COMMISSION/ADVISORY BOARD ELECTION**

**VOTING Saturday, October 19, 2024 7:00AM - 1:00PM**

**Semi Annual October 19, 2024 9:00AM**

**Tulalip Resort Casino, 10200 Quil Ceda Blvd, Tulalip, WA 98271**

The qualified candidates receiving the highest number of votes will be elected to serve the full terms. For Elders, Planning and TERO the candidates with highest votes will fill the 3 year terms and the next runner up will get the term with the lesser year(s). In the event of a tie(s), the election shall be determined by coin toss.

**Elders\*\***

*Position (2) 3Yr Terms & (1) 1Yr Term\**

**\*\*Members 50 + as of 10/19/24**

Can vote for Elders Commission

Gary D. Baker

Leroy R. Joseph

Dawn Simpson

**Fish**

*Positions (3) 3Yr Terms*

Cyrus H. Fryberg Jr.

Joseph Hatch Jr.

Joseph M. Hatch Sr.

Dennis Hegnes

Jacob James

Joe Perry

**Gaming**

*Positions (2) - 3Yr Terms*

Lou Ann Carter

Caroline (Ashman) O'Neill

**Hunting**

*Positions (2) 3Yr Terms*

George C. Jones

Lukas Reyes Jr

**Planning**

*Positions (1) 3Yr Term & (1) 2Yr Term \**

Clinton Enick

Valerie Guzman

Hayden Ezekiel McCoy

Sam Wilder

**Police Advisory Board**

*Positions (2) 2Yr Terms*

Debra Muir

Amanda J. Shelton

**TERO**

*Position (1) 3 Yr Terms & (1) 2Yr Term\**

Bradley Fryberg

John Ordonia-Davis

**Veteran**

No Candidate - Veteran

No Candidates - Non Veteran

**\*\*Names are in alphabetical order and formatted as the candidate requested it to be placed on the ballots\*\***

**ABSENTEE BALLOT INFORMATION -**

- Absentee Request Forms - Election Staff at the Admin building, rm. 206 2<sup>nd</sup> floor, PH (360) 716-4283, fax (360) 716-0635, click on <https://www.tulaliptribes-nsn.gov/Dept/Elections> or Email [Electioncommittee@tulaliptribes-nsn.gov](mailto:Electioncommittee@tulaliptribes-nsn.gov)
- Absentee Ballots can be picked up when available, but only by the requestor.
- The ballot can only be mailed to the home address, if not a letter needs to be attached explain.
- October 18, 2024 at 12:00PM is the latest a request can be made for an absentee ballot. If ballot needs to be mailed, please plan accordingly for mailing time.
- The completed absentee ballot must be at the **UPS Store, Quil Ceda Plaza, 8825 34<sup>th</sup> NE Suite L-#161 Tulalip, WA 98271 by 4:00 p.m. on Friday, October 18, 2024.**

**IMPORTANT NOTE:** Upon **REQUESTING** an Absentee Ballot, a voter is unable to vote in person on Election Day. Absentee ballots **cannot** be delivered to on Election Day. The voter **must** mail or drop off the completed ballot as directed to the USP Store Location. Absentee Ballot Packets contain 2 envelopes. **VOTERS SIGNATURE AND TRIBAL NUMBER ARE REQUIRED ON THE OUTSIDE ENVELOPE TO BE VALID.**

**1.35.120 Campaigning and electioneering.**

(1) Campaigning will not be allowed at the polling place, or within a 300-foot radius of any designated voting location. No person(s) shall be permitted to loiter in polling area. (2) Electioneering. No person(s) shall solicit, secure or influence voters by any means at the polling place, or surrounding grounds, during voting hours, or be allowed to assemble or solicit votes or support in the same building or grounds the election is being held. No person(s) shall have campaign signs posted within 300 feet of a polling location. (3) Any person(s) observed or reported to be campaigning or electioneering may be asked to leave the polling area by a Tulalip Tribes Police Officer, or a member of the election staff. [Res. 2022-028; Res. 2014-509].

\*August 27, 2024 - Dates, Times and Locations are subject to change. *Subject to date, time and location changes.*

## Hawks Football from front page



By Micheal Rios

In high school sports, a world of change can occur from one season to another. Change, positive change to be exact, is just what Tulalip Heritage athletic director Lonnie Enick is attempting to manifest this year when it comes to the boys' football program.

"This season is going to be all about growth. Growth by our players and growth by our coaches," said Lonnie pregame. "We've worked so hard all offseason to prepare for this season. And all last week, in practice, we could see just how much that hard work was paying off. Our players and coaches are really seeing each other, they are hearing each other, and most importantly they are believing in each other."

"This team has so much talent. The only thing that can derail them is lack of belief. That's why it's so important for our community to fill this stadium seating every home game. To bring their energy that we know only Tulalip can. That will fuel these boys competitive fire and give them even more confidence knowing how many are rooting for them to succeed."

Success has been a difficult thing to come by in recent years. Heritage hasn't had a winning football team since the 2017 squad went 5-2. The program went into a major funk after that, largely due to the student-athletes being unable

to keep themselves academically eligible.

Now, in 2024, the winds of change have blown in a fresh crop of Tulalip boys eager to build something worthwhile, to build something successful. After a number of incoming transfers, and even more on their way, plus return crop of uber-athletic basketball players looking to test out their physical gifts on grid iron, the Hawks coaching staff expects to have no difficulty fielding a team with depth at every position.

The new-look Hawks played their season-opener on Friday, September 6. Their opponent? The Concrete Lions. The same Concrete team that ran all over the Hawks last year and handed our boys a 24-point loss.

But that was last year. This is a new year with a new team. And this time around Tulalip was the home team, playing under the bright lights and in front of a mass of adoring fans. The Heritage boys were eager to let everyone know this year would be different.

Senior player James Diaz led the charge on both sides of the ball, playing admirably on offense and defense. He rushed for two touchdowns and then came up with a massive 80-yard interception return for a touchdown right before halftime to give Heritage a 24-18 lead.

"Playing DB, I read the





tight end split perfectly,” shared James while catching his breath on the sidelines, following the pick 6. “My uncle Dee is always telling me to stay on the tight end’s hip, to not allow separation, and on that play everything went perfectly. I knew the QB was going to pass it to the tight end, I didn’t give any separation, and the pass basically came right to me. I knew right when I caught it that I had a chance to run it

back for a touchdown. Hearing the crowd and my teammates yelling in excitement as I ran it back was pretty cool, I can’t lie.”

James went on to add yet another rushing touchdown early in the 4<sup>th</sup> quarter, his fourth score of the game, that put the home team up 30-18. The Hawks defense descended on any Concrete ball carriers, gang tackling at its finest, and didn’t yield a single point in the 2<sup>nd</sup> half.

The 30-18 season opening win puts Heritage at 1-0. It’s only one win, but a huge mission statement in the locker room as the team looks to continue to find even more success. For their next game, the Hawks travel to Crescent High School on Saturday, September 14, in a matchup with the Loggers.

# Recovery across the Salish Sea



## 85 community members celebrate sobriety during 3<sup>rd</sup> Annual Recovery Campout

By Calvin Valdillez;  
photos courtesy of Kali Joseph

“Culture is the answer,” expressed Kali Joseph, Tulalip Resource Center’s Program Coordinator. “It’s what we’ve been doing since time immemorial. There are research studies, like the Healing Power of the Canoe, that I learned when I was in grad school. Basically, the study found that those who participated in a certain cultural activity, it was associated with reduced risk of suicide, depression, or substance use disorder. However, our people have known that it’s the answer since time immemorial, before empirical evidence and research studies existed, we’ve known it in our hearts and in our blood. It’s our medicine.”

On the early morning of August 22, dozens of Tulalip tribal and community members met at the Tribal courthouse to embark on adventure across the Salish Sea. Filled with anticipation and excitement, the people piled into a bus headed toward Anacortes to catch the morning ferry to Lopez Island.

For the third consecutive year, the Tulalip Resource Center organized an event that keeps growing in popularity and celebrates the sobriety of the local recovery community. During a weeklong camping trip, at the third largest island of the San Juans, attendees can participate in numerous group activities, while also taking the time to reflect on their healing journey. Together, they continue to build upon that work with others who are also striving to maintain a clean and sober lifestyle. And furthermore, they are provided the space to learn and converse

*Continued on next page*



about why and how they acquired an addiction.

Said Kali, “It’s important because they get to be a part of collective healing and work at reversing the harm that was done to us. In substance abuse disorder there’s a lot of theories and philosophies on why it’s a thing. Is it a personal choice or a moral failing? Is it just because drugs exist and they’re tempting? Is it risky behavior? But really, we know as Native people, with all the trauma and adversity faced in our past, it’s a coping mechanism. It’s something that devastates tribal communities at higher rates than non-Native communities. It feels like we’re reversing some of that harm.”

To back up Kali’s statement, let’s take a look at some local statistics. The Snohomish County Opioid Overdose and Prevention Data and Dashboard reports that there were 188 overdose deaths in our county alone last year. And according to the Washington State Department of Health’s Opioid and Drug Use Data Dashboard, there was a state average of about 30 overdose deaths per 100,000 people in 2022 for all other races and ethnicities. And high above

those charted stats, the number for Alaskan Natives/American Indians clocks in at a staggering 120 deaths per 100,000 population – that’s a death rate four times higher than non-Native people statewide.

With that shocking disparity, locally and nationally, it’s easy to get bogged down in those statistics and focus on the damage the opioid epidemic is bringing to our tribal nations and families. This can leave many with a feeling of helplessness and despair when thinking about all the lives lost.

But on the flipside, those stats don’t speak on the resiliency of those individuals who are able to break away from the grasp of addiction. Which is no easy feat. But with the right support system, cultural gatherings, and a desire to understand and overcome their addiction, tribal members are taking back control of their lives, one step at a time.

This is why it’s important to celebrate their achievement of getting clean whenever possible. Because in turn, those success stories help raise awareness about substance abuse disorder and inspires others to break out of that cycle.

Over the years, as the

opioid epidemic spread, the Tulalip Tribes has worked to create spaces for their membership to start their journey on the road to recovery. This includes the implementation of the Healing to Wellness Court, the establishment of the Healing Lodge, and a concentrated effort by the Tulalip Police Department to get drugs off the rez.

Additionally, the Recovery Resource Center continues to be a safe space for those struggling with addiction. By hosting events such as Narcan distributions and weekly NA meetings, as well as developing a recovery softball team, people are able to make connections with each other and build community while working toward the same goals.

The annual Recovery Campout is the perfect example of how celebrating those in recovery can inspire others to do the same. And it’s easy to see this taking place in real time by looking at the number of participants each year. At the first campout, there were 35 attendees. That doubled the second year as 72 community members took part in the campout. This year, the attendance rate rose again by 13, bringing the total to 85.

But it doesn’t stop there. The news about the Recovery Campout, and all the good work and fun that is has during the event, reached the ears of several tribes throughout the state. Three other tribes joined Tulalip for the third annual trip to Lopez including Nez Pierce, Port Gamble S’Klallam, and Puyallup. The nations of Makah and Quileute

recently began hosting Recovery Campouts of their own within their respective territories. And after making the trip to Lopez this year, the Port Gamble S’Klallam tribe was inspired to host an indoors recovery campout this November.

“I’d like to think we set the precedents for recovery campouts,” shared Kali, half-jokingly. “I was reminded on the campout, by one of our participants who has gone every year, that it’s really what helped her get on the right path. She just had a relapse. She got out of jail and immediately got ready go to the campout. And she always says it’s what helped save her life. It’s moments like that when people keep showing up for each other. And it’s important to show that you can do all kinds of awesome, fun, exciting things in recovery without substances.”

Throughout the week, the campers take part in numerous activities such as hiking, biking, kayaking, and paddleboarding. What makes this trip all the more special for Tribal members is the fact that the location has strong ancestral ties to the Tulalip people.

Long before colonization, the Tribe frequented Lopez Island during the summer months to harvest from both the land and sea, as well as cultivate camas. Today, the island falls under the Tribe’s usual and accustomed areas, and many Tulalip families visit Lopez to exercise their treaty rights and campout beneath the stars, and thus experience summertime like their



ancestors before them.

In addition to recreational fun in the sun, there are multiple cultural activities that take place during their stay at the campout. This year, to bring everything full circle, the Recovery Resource Center enlisted members who are currently in recovery to lead workshops such as drum making, medicine pouch making, weaving, and beading.

Kali explained that one of the key aspects of the trip is to get everyone talking, so they can hear other people's stories and relate it to their own experiences. This helps them work through their addiction and build support within the recovery community. So, every night they spend on the island, they gather together for either NA meetings, talking circles, or wellbriety circles. Traditional songs and prayers are often shared

during the meetings around a fire pit.

Campers are encouraged to bring their family members along with them. The kids are afforded the opportunity to not only bond with their parents, but they also get to see their transformation take place in front of their very eyes.

"On the first year I was able to take my youngest daughter, she was just one year old. I just came back from a relapse, the day I had her was the last day that I used," shared Tribal member, Loris Fryberg. "And then I relapsed the next year and lost all my children. But this year, I got to actually reunite with my children and bring them to the Lopez campout.

We all had so much fun singing, drumming, circling up. We were really grateful to be engaged in everything and in our culture. It was very uplifting to spread our

stories with every single person and to the other tribes, so they know they're not alone. We're all doing this one day at a time. And as long as we can share our story with other people who are stuck in addiction, this [recovery movement] is only going to get bigger. For me, I have 14 months clean, and I got my family back together, what more could I ask for?"

After four nights and five days on the island, the recovery community packed up from the Tulalip property surrounding Watmough bay and prepared for the trek back to the reservation. The retreat continues to be something the recovery community looks forward to every year. Next year, the Resource Center is planning on holding the campout during the early months of summer to avoid the rainy and windy days that this year's participants weathered

throughout their stay.

When asked about the ever-growing popularity of the event, and what that says about the local recovery community, Kali stated, "It says that one, the recovery community is growing, more people are recovering. And two, it's raising awareness and destigmatizing recovery, and people can celebrate it more openly. It is becoming more amplified. This is just a campout where Tulalip community members in recovery, and their loved ones, can camp together and celebrate recovery, and that is so awesome to see."

Be sure to follow the Tulalip Recovery Community page on Facebook to stay current on any news or events planned by the Recovery Resource Center. You can also reach out to (360) 716-4773 for more information and assistance.

## U-Pick from front page

Our local award-winning Diabetes Care and Prevention team have regularly partnered with the Arlington-located Garden Treasures to offer the Tulalip community such well-regarded 'u-pick days'. These days are typically well attended by multi-generational families because of the intrinsic access to traditional foods, engagement in gentle outdoor exercise, and ability to embrace with community through family-friendly activities.

"My favorite moments are inspired by those who have never attended before, true first timers, and they come out, try something new, and enjoy the offerings of fresh

*Continued on next page*





foods,” shared Veronica Leahy. She’s been serving the Tulalip Health System as a Diabetes Care and Prevention Coordinator for sixteen years now. “This specific u-pick day, we had additional offerings like a delicious lunch provided by our Ti Kupihali staff and a couple craft activities.

“I love watching and listening to the newcomers share their u-pick experiences. This makes all the effort it takes to plan and coordinate these days so worth it,” continued Roni. “I love seeing our regular supporters for these events, too, since they are the foundation of building our healthy foods and prevention program. With their support over the years, these newcomers have had the experience of picking and connecting with their food in a more traditional way.”

An estimated 130 community members took advantage of the u-pick day. In what may be the last blast of summer heat, with temperatures near 90 degrees, toddlers to elders strolled the paths of Garden Treasures naturally grown farm and bountiful green houses.

For their efforts, they were greeted by leafy greens (kale, chard and collard greens, herbs (parsley, basil, mint, and lemon balm), classic vegetables (broccoli, onions, zucchini, and tomatoes) and a sweet selection of berries (strawberries, blackberries, and blueberries).

“Garden Treasures is such a wonderful place for families to come in general, but the days the Diabetes Program is here with their knowledgeable and supportive staff, you can typically see Tulalip tribal members and other Natives of all different ages enjoy everything this place has to offer,” said community health director Verna Hill. “Seeing grandparents with their children and grandchildren come out and enjoy the gardens and pick their favorite fruits and vegetables is so wonderful. There’s so much joy created here. Something as simple

as watching faces and seeing our people become inspired after trying a new fruit or vegetable is really a wonder to behold.”

That sense of wonderment carried over into the community lunch, where Roni and her team could be seen assisting with the making of flower bouquets and wreaths to be taken home as a colorful reminder of what Garden Treasures has to offer.

Among those in attendance was a special guest visitor all the way from Macedonia (a country in the Mediterranean, north of Greece). Natasha Coumou, a restoration ecologist for the Tribes’ Natural Resources department, brought her mother Marija, who is visiting from Macedonia, to the u-pick day in search of stew-ready tomatoes.

“It’s beautiful. This entire event is just awesome; from the people I’ve met to the opportunity to pick from all the vegetables and fruit. I thank those who organized this,” said Macedonian citizen Marija Krstova. “I picked broccoli, peppers, eggplant and of course tomatoes to make a stew for my daughters that will remind them of our village back in Macedonia. There’s a lot more sun where I came from. We have vegetables growing everywhere, so to be here and see this outdoor garden and everything it has to offer, I must say the gardeners have done an exceptional job.”

Eating more fruits and vegetables is one of the simplest and most effective ways to improve health and reduce the risk of chronic disease. By making fruits and vegetables a larger part of your diet, you can enjoy the benefits of increased energy, better digestion, and a stronger immune system, while significantly lowering the risk of developing serious health conditions. As we officially enter the Tribes’ season of healing, it’s time to make plant-based foods a priority in our daily lives.



# Headband weaving kicks off Season of Healing



By Wade Sheldon

On Saturday, September 7, Tulalip artist Tillie Jones led a headband-weaving class at the Hibulb Museum, kicking off the Season of Healing. The class attracted seven participants who came together to weave wool headbands, share laughter, and connect through the art of weaving.

Tillie Jones, along with tribal members Michelle Myles and her son Syrille Jones, guided the students through the process. Participants could use a loom, select their wool colors, and begin weaving. As the intricate process

unfolded, the room grew focused, with everyone giving their full attention to the detailed work ahead.

Tillie offered some wisdom during the class, emphasizing the deeper connection between the weaver and their creation. "What you put into your weaving becomes a part of it," she explained. Weaving with intention, whether strength, love, or positive energy, allows those qualities to be embedded in the piece, making the final product more meaningful.

Tillie also shared practical advice, linking the skill of weaving to mathematics. "If you're good at math, it helps," she remarked,



gesturing toward her son Syrille. "That's why he's so good at weaving." She explained that a strong understanding of math helps weavers plan their patterns and maintain the structure and balance of the weave, ensuring the design comes together as intended.

Syrille also helped instruct the class and expressed his appreciation for the experience. "Weaving is a good stress relief to get your mind off everything around you," he shared. Reflecting on the creative aspects of the craft, he added, "I like the different patterns people make, learning from the elders, and getting to experiment and make your patterns. It was good teaching, and I heard people laugh and enjoy

their time."

For many, the class was more than just a lesson in weaving; it was an opportunity to reconnect with tradition and find personal healing. Tulalip tribal member Wilma Gloria spoke about the therapeutic aspect of the practice, saying, "It is about keeping your hands busy and learning something new and traditional. I enjoyed the day; I had my ancestors with me, and they gave me strength."

When asked about the significance of the headband, Wilma explained, "Traditionally, the headband was used to represent the tribe you were from."

The event provided a creative outlet and offered participants a moment to bond with their heritage and each other. Through the craft of weaving, both tradition and healing were honored in a meaningful way.

The headband-weaving class is just the beginning of a series of workshops promoting healing through traditional crafts. Other weaving courses are being held every Saturday through September, offering participants the chance to learn various skills, connect with their culture, and continue the journey of personal and collective healing.

# Season of Healing: Weaving love back into our lives

By Wade Sheldon

As fall arrives, the Tulalip community has launched an exciting new program, The Season of Healing. This initiative offers events, including Ted Talk-style lectures, coastal jams, and hands-on crafting workshops, all aimed at fostering healing, connection, and growth. On Monday, September 9, the first talk of the series took place at the Gathering Hall, where tribal members gathered for dinner and an evening of reflection led by several guest speakers.

The event was hosted by Alicia Horne, executive assistant for the National Native American Boarding School Coalition. She was joined by prominent voices in the healing movement, including Tribal Chairwoman Teri Gobin, Deborah Parker, CEO of the National Native American Boarding School Healing Coalition, and special guest, Clinical Addiction and Mental Health Therapist Serene Thin Elk from South Dakota. The theme for the evening was “Weaving Love Back into Our Lives,” and the speakers focused on addressing the traumas that often disrupt daily life while emphasizing the importance of self-love and community support.

Parker set the tone for the evening by reflecting on the seasonal transition and how it relates to personal introspection. “You can really feel the summer was carefree, and now you can feel the clouds roll in. The weather is changing. It’s such a special time for us in the Northwest. We start to go into that meditation state as we go into the winter,” she said, highlighting the opportunity for healing and growth during this quieter season.

Gobin addressed the historical



traumas deeply rooted in the Tulalip community, specifically the impact of the boarding schools that operated for 75 years. “As a board, we’ve assembled a series of meetings for the next eight Mondays to address multiple concerns and issues. Many of us may not recognize how the Tulalip boarding schools have impacted us as a people. These talks are meant to encourage open, honest dialogue—without judgment—so we can begin to envision what a healthier, safer community looks like.”

Serene Thin Elk, the evening’s guest speaker, brought her expertise in trauma therapy to the conversation. She shared insights on how personal trauma can manifest in everyday life, often leading individuals to downplay their struggles or minimize the pain they’ve endured. “There might be times in someone’s life when they minimize something hard that they just can’t let go of or cannot go through. They make it seem less important,” Serene said. She emphasized that healing from trauma begins with acknowledgment and the belief that one’s strength and resilience will

ultimately prevail. “If you ever doubt your power or strength, remember everything will be okay.”

For Serene, the opportunity to speak at Tulalip was motivating. “It means so much to come to another tribe and see how you do things here. It’s very inspiring. I think that sometimes, when we are in our communities, we don’t see our strengths. I see many of the programs and things that your community is doing, and it gives me ideas to bring back to my community,” she noted.

As the evening ended, attendees left with a sense of purpose, carrying the messages of healing and self-love into their lives. This first event set the stage for the Season of Healing series, which will continue to address various aspects of personal and collective trauma over the next eight weeks. The program aims to foster a deeper understanding of how historical pain shapes modern challenges while offering a path toward resilience and renewal.

Tulalip tribal members can watch this event and others on [iamtulalip.com](http://iamtulalip.com).



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Sheldon Smith is a Native American advocate, motivational speaker, and performer. His work has focused on helping young people across the country find their potential, including building positive character development, leadership, self-care, and cultural and spiritual empowerment. Sheldon shares his passion by sharing stories, breaking down barriers, and being an entrepreneur.

The workshop will be livestreamed on [iAmTulalip.com](http://iAmTulalip.com)

**ATTENDEES WILL RECEIVE A RAFFLE TICKET. MUST BE PRESENT TO WIN.**

## More frames and lenses available at the Eye Clinic

The Eye Clinic now features brand-new display cases with a larger selection of stylish frames and advanced lenses. Explore the expanded collection during your next visit to the Tulalip Health Clinic.



## TULALIP HERITAGE Varsity FOOTBALL



### SEASON SCHEDULE

CONCRETE @ TULALIP HERITAGE	FRI. SEPTEMBER 6, 2024 @ 7:00pm
TULALIP HERITAGE @ CRESCENT	SAT. SEPTEMBER 14, 2024 @ 1:00pm
MUCKLESHOOT @ TULALIP HERITAGE	FRI. SEPTEMBER 20, 2024 @ 7:00pm
LUMMI NATION @ TULALIP HERITAGE	FRI. SEPTEMBER 27, 2024 @ 7:00pm
TULALIP HERITAGE @ CHARLES WRIGHT	SAT. OCTOBER 5, 2024 @ 1:00pm
DARRINGTON @ TULALIP HERITAGE	FRI. OCTOBER 11, 2024 @ 7:00pm
LA CONNER @ TULALIP HERITAGE	FRI. OCTOBER 18, 2024 @ 7:00pm
TULALIP HERITAGE @ NEAH BAY	FRI. OCTOBER 25, 2024 @ 7:00pm
TULALIP HERITAGE @ QUILCENE	SAT. NOVEMBER 02, 2024 @ 1:00pm

### Hawks Nest Booster Club Supporters

Resilient Cleaning Martin NW LLC	Indian Education Parent Committee The Jimicum Family TulalipCares.Org	Bradley Fryberg & Family Tulalip Health Systems Bite Me Mini Pancakes
Proehl & Shopbell Family Hibulb Cultural Center Josh Fryberg & Family Marysa Joy Creations	Coast Salish Concepts Salish Spirit Canoe Family "family of sdatalq"	Jared's Corner Tulalip Media & Marketing The UPS Store in Quil Ceda Village

Tulalip Heritage Home Games held @ Tulalip Sports Complex  
Alpheus "Gunny" Jones Sr. Ball Field & Debra Barto Memorial Skatepark  
6710 Totem Beach Rd Tulalip, WA 98271

\*All games subject to change. Entry fee \$10 per car @ Home Games\*

## TULALIP HERITAGE VARSITY VOLLEYBALL



WHEN	WHERE	TIME
Mon. 09/09/24	Darrington	5:00pm
Wed. 09/11/24	Tulalip	5:00pm
Mon. 09/16/24	Tulalip	5:00pm
Wed. 09/18/24	Tulalip	5:00pm
Thu. 09/19/24	Shoreline	5:00pm
Mon. 09/23/24	Tulalip	5:00pm
Wed. 09/25/24	Providence Classical	4:00pm
Thu. 09/26/24	Grace Academy	5:30pm
Mon. 09/30/24	Lopez	4:00pm
Wed. 10/02/24	Tulalip	5:00pm
Wed. 10/09/24	Cedar Park	6:00pm

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Tulalip Heritage Games will be held @ Tulalip Heritage High School  
On Francis Sheldon Court  
7204 27th Ave NE Tulalip, WA 98271

ALL GAMES SUBJECT TO CHANGE

## CANDLE MAKING WORKSHOP

At the Tulalip Recovery Resource Center  
7627 41st Ave NW, Tulalip, WA 98721  
1:00 PM - 3:00 PM, Friday, September 20th, 2024



For more information contact:  
Feather Medina-Recovery Resource Center Office Assistant  
fmedina@tulaliptribes-nsn.gov or 360-716-4730



TDC-44870

Supplies will be provided, OPEN to everyone!

# WOW



## Women of Wellbriety Group meeting Every Thursday

from 4:30pm to 6:30pm  
Located at the Tulalip Family Services Building C  
2821 Mission Hill Rd, Tulalip, WA 98271

This event, exclusive to women, will have childcare available  
and will be facilitated by Loni Long.



Hosted by Tulalip Family Services Problem Gambling Program.



TDC-44830

TOGETHER WE'RE BETTER

# Trunk or Treat

SUNDAY  
OCT 27

3-5 PM  
TULALIP BOOM CITY



# Hermosa Heights

## OPEN HOUSE DATES



### Join Us for Our Upcoming Open House Events!

Drop in anytime during the hours listed below, and our friendly staff will be available to show you the completed homes and answer any questions about the buying process.

### SEPTEMBER

SAT <b>7</b> 10:00 AM To 2:00 PM	WED <b>11</b> 4:00 PM To 6:00 PM	THU <b>12</b> 4:00 PM To 6:00 PM	TUE <b>17</b> 4:00 PM To 6:00 PM	WED <b>18</b> 4:00 PM To 6:00 PM	THU <b>19</b> 4:00 PM To 6:00 PM	SAT <b>21</b> 10:00 AM To 2:00 PM
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#### HOW TO PARTICIPATE IN THE LOTTERY:

To participate in the lottery for our homes, please bring the following documents:

- Pre-approval letter from one of our recommended lenders.
- List of the homes for which you would like to be entered into the lottery.

Please provide your phone number and email address so we can notify you after the lottery.

#### IMPORTANT DATES:

- **Pre-Approval Letters Due:** October 11, 2024 by 3:00 PM
- **Lottery Drawing:** October 15, 2024 at 12:00 PM (NOON)

Once selected in the lottery, we will process the Tulalip Loan Application and all related documentation to streamline the process.

SUMMONS BY PUBLICATION TUL-CV-CS-2018-0388, Tulalip Tribal Court, Tulalip WA, TCSP #2805 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. JAMES ALECK (DOB: 07/30/1980) TO: JAMES ALECK: YOU ARE HEREBY NOTIFIED that on August 1, 2024, a Notice of Hearing on the Motion to Modify the Child Support Order and a Motion to Modify the Child Support Order was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for SA as well as JA. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 18th, 2024 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 7, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0542, Tulalip Tribal Court, Tulalip WA, TCSP #2837 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. PAMELA JOHNNY (DOB: 01/29/1968) TO: PAMELA JOHNNY: YOU ARE HEREBY NOTIFIED that on July 17, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for KJ. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

TUL-CV-PO-2023-0779, SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA. TO: ALLEN WILLIAMS (D.O.B. 08/08/1976). You are hereby notified that a petition for a Domestic Violence Protection Order was filed in the above entitled court pursuant to TTC 4.25. You are hereby summoned to appear regarding the above-entitled action at a hearing on Wednesday October 9th, 2024 at 9AM, in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights, and you must take steps to protect your interests. IF YOU FAIL TO ANSWER, JUDGMENT MAY BE RENDERED AGAINST YOU. Date first published, August 17, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0571 Tulalip Tribal Court, Tulalip WA, TCSP #347 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for PH. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:30 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0573 Tulalip Tribal Court, Tulalip WA, TCSP #1016 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:45 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0586 Tulalip Tribal Court, Tulalip WA, TCSP #2410 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Notice of Hearing on the Motion to Modify the Child Support Order and Motion to Modify the Child Support Order was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for DBH Jr. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:15 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CU-2024-0433 Tulalip Tribal Court, Tulalip WA, TCSP Derek M Prather, Petitioner, vs. Melinda Napeahi, Respondent TO: Melinda Napeahi: YOU ARE HEREBY NOTIFIED that a Custody Petition was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. You are hereby summoned to appear and defend the above entitled action in the above entitled court on October 30, 2024 at 10:30 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 14, 2024.

## ARE DEBT COLLECTORS TARGETING YOU?

**WE CAN HELP!**



**TULALIP OFFICE OF CIVIL LEGAL AID**



The Tulalip Office of Civil Legal Aid (TOCLA) is here to support Tulalip Tribal Members facing debt collection issues. Our consumer protection attorney is dedicated to defending your rights against illegal collection practices and helping to safeguard your credit score.

If you're receiving calls, letters, or legal documents from debt collectors, for a brief eligibility screening call our intake line at:  
**360-716-4512**

**ELIGIBILITY REQUIREMENTS:**

- Must be a Tulalip Tribal member.
- The issue must involve a debt collector (not personal debts).



## Do you worry about your Indoor Air Quality?



Do you live on Tulalip Reservation?  
Are you a Tulalip Tribal Member?  
**You may be eligible for a FREE Air Purifier!**

Request more info!!!

Scan the QR code below or contact  
Community Health at **360-716-5662 opt 5**, or  
[communityhealth@tulaliptribes-nsn.gov](mailto:communityhealth@tulaliptribes-nsn.gov)



TULALIP HEALTH SYSTEM



# Semi-Annual General Council

SATURDAY

**October 19, 2024**

UPDATED TIME

**Meeting begins at 9:00 AM**

**ORCA BALLROOM**

Tulalip Resort Casino (TRC)

10200 Quil Ceda Blvd, Tulalip, WA 98271

The meeting will be broadcast live at

**iAmTulalip.com**

**VOTING WILL ONLY TAKE PLACE ON**

Saturday, October 19 • 7:00AM–1:00PM

*The Chair Report* will also be available later on  
*iAmTulalip.com*

